Get the Point(s)
(This station requires two people.)

- Partner 1: Hold out your arm toward partner 2 and look away. Roll up your sleeve if necessary.
- Partner 2: Hold one of the "nail blocks" in your hand. Lightly touch the inside of partner 1's arm with one side of the "nail block". (Each side should have either one or two nails in it.)
- Partner 1: Guess how many nail heads (one or two) are touching your skin.
- Partner 2: Now try the same thing but this time touch the nail heads to your partner's hand and fingertips. (Partners switch jobs.)

Questions

Where are you best able to tell how many nail heads are touching your skin?

Which areas of the face have the most nerve endings? (Look at the illustration.)